

WHAT WE PROPOSE TO DO

WELLNESS

- Establish a joint or separate Wellness Committee
- Provide Wellness information for the County Connection from Wellness Councils of America
- Coordinating "fun" Wellness activities
- Coordinate Wellness training and outside speakers
- Coordinate Blood Chemistry Profile Screenings and Blood Pressure Check Programs
- Coordinate Cancer Prevention Screenings
- Initiate an Exercise Physiology Intern to work with employees on fitness and training issues
- Look for Health Club discounts and programs to publicize
- Produce Nutrition and Fitness information and training
- Serve as a Wellness Resource
- Coordination of all Wellness activities with United Health Care

SAFETY SERVICES

- Establish a County-wide Safety Committee (in compliance with LB 757)
- Initiate a County Safety Orientation Program for new hires
- Production and distribution of professional Safety Training Scripts and Calendars
- Workplace Safety Inspections, as requested
- Ergonomic Evaluations for Ergonomic concerns/complaints/injuries
- Use of our Safety Video Library
- Offer Safety Training Observation Program Training (STOP) for supervisors, as needed

WHAT WE PROPOSE TO DO (CONTINUED)

SAFETY SERVICES

- Provide Safety information for the County Connection
- Serve as a workplace safety resource
- Work on establishing County-wide Safety Policies and Practices
- Respirator Fit Testing, where needed
- Annual Drivers Record Check of Employees, if desired

WHAT WE'VE DONE IN 1999-2000

WELLNESS

- Healthwise Handbook Training
- First Aid and CPR Training
- Blood Chemistry Profiles
- Flu Shots at no cost
- Stress Management Training
- Regular Blood Pressure Screenings
- On our mailing list for Wellness Information

SAFETY SERVICES

- Workplace Safety Inspections (Lancaster Manor and Corrections)
- Inclusion in Safety Training involving the following: Forklift Training, Workplace Violence Prevention Training, Confined Space Entry, BNSF Safety Orientation, Blood-borne Pathogens, Fire Extinguisher Use Training, Excavation Competent Person Training
- On our mailing list for Safety Information